

# WOMEN'S LEARNING GROUP

## S&P Ladies' Bat Mitzvah Sunday, July 5, 2009

Created & Directed by: ..... **Rabbi Schachar Orenstein**

Coordinated by: ..... **Gladys Mooallem**

Please click on: <https://www.youtube.com/watch?v=SkqM2DjLoPo>

Google key words: "Adult Bat Mitzvah 2009 - You Tube"

<http://womenlearning.weebly.com/>

*Montage by Sandra Koukou*



Please join us in celebrating the adult group bat mitzvah of

Lisette Ades	Edna Anzarut	Gila Aslan
Yvette Battat	Kaden Behar	Vivian Belboul
Irit Ben-Zur	Gigi Bitton	Florine Bilbul
Irene Buenavida	Esther Diwan	Amy Hadid
Andrée Haim	Carmen Korin	Sabrina Fadlun Lawi
Margaret Mankin	Mariam Mintz	Gladys Mooallem
Liliane Moshi	Barbara Rabie	Gloria Rabie Youhnanan
Gisele Rouben	Nina Saad	Andrée Sasson
		Evelyn Shahin

Spanish & Portuguese Synagogue

10:30 AM SUNDAY, JULY 5th, 2009

Light reception to follow

RSVP by June 25  
514 • 737 • 3695 #101

4894 St. Kevin Avenue • Montreal • Quebec

Ladies' Bat Mitzvah Invitation designed by **Margaret Mankin**



## Gladys's Welcome Address at the Ladies Bat Mitzvah Celebration

*Hello Everybody!*

I would like to welcome our honourable Rabbis, our instructors, our families, our children, our grandchildren and our friends.

Through the endless efforts, creativity and imagination of our Rabbi Schachar Orenstein, our first Adult Bat-Mitzvah program was created successfully in our Synagogue. To his surprise and delight, he found himself at the first session, surrounded by 25 women of our friends eager to



study the Torah, some of us for the first time.

Through the program, our lectures were given by our most knowledgeable and fascinating Rabbis, to whom we are very grateful. When Dr. Howard Joseph speaks, the group listens and never let him stop. With Dr. Norma Joseph, the group considers her a high example. She enhances our self-esteem and we enjoy all the information she gives us. We learned a lot of the Torah from Dr. Rabbi



Menachem White who tried to know us closely and exchange information with us, which we appreciate a lot. Rabbi Cantor Abittan taught us as usual about the holidays and taught us holiday songs. Rabbi Orenstein taught us various things according to our wishes. We thank you all for awakening in us the desire to explore the beauty of the culture of our Jewish heritage of which we became so proud.

Besides the Torah, we had Hebrew lessons, we danced, we sang, we had lunches and we socialized. Many thanks to our dedicated Hebrew instructors, Rabbi Schachar Orenstein and Orlit Cohen for teaching some of us Hebrew

reading and conversation. Special thanks to our dance teachers: Maurice Peretz for Israeli folk dance, Meira Orenstein for Jewish creative movement, Rivi Levkowitz for Simha dancing and Sandra Benjamin for Middle Eastern

dancing. Thanks to you, our courses were mingled with happiness and laughter.

Our course led us to the Women Rosh Hodesh Program in our Synagogue in collaboration with Shaar Hashomayim, created by our beloved Dr. Norma Joseph about 25 years ago. We were thrilled to experience ourselves the Aliyah La-Torah. Between our two courses Rabbi Orenstein encouraged us to enroll in Concordia University and attend lectures with Dr. Norma Joseph on "Woman in Judaism". It was the best way to enjoy the three months of winter.

To Rabbi Orenstein, I would like to thank you for giving me the privilege to assist you. No school could teach me what I learned from you. There is nothing impossible for you and nothing too hard. My demands for the group were endless and you complied with all of them. Your capacity, energy and desire to give us the best of everything enhanced our self-esteem and confidence. You made us feel real Banot Mitzvah. We thank you so much for exposing us to such an inspiring program.

I would like to thank my dear Banot Mitzvah friends for trusting me to coordinate the program. Your wonderful ideas were a great help to us all. When you did not like my idea, you poured me with yours, when I was not happy, you restored my confidence. We all worked as a team in the most enjoyable manner.

I would like to address our children and grandchildren. You have been working all your lives to please us and make us proud of you. Today, we showed you how hard we worked to make you proud of us. We love you all and we wish best of health to everybody to continue to enjoy the beauty of learning.

*Gladys Mocallem*



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Below: Singer Musician **Yaacov Sassi**



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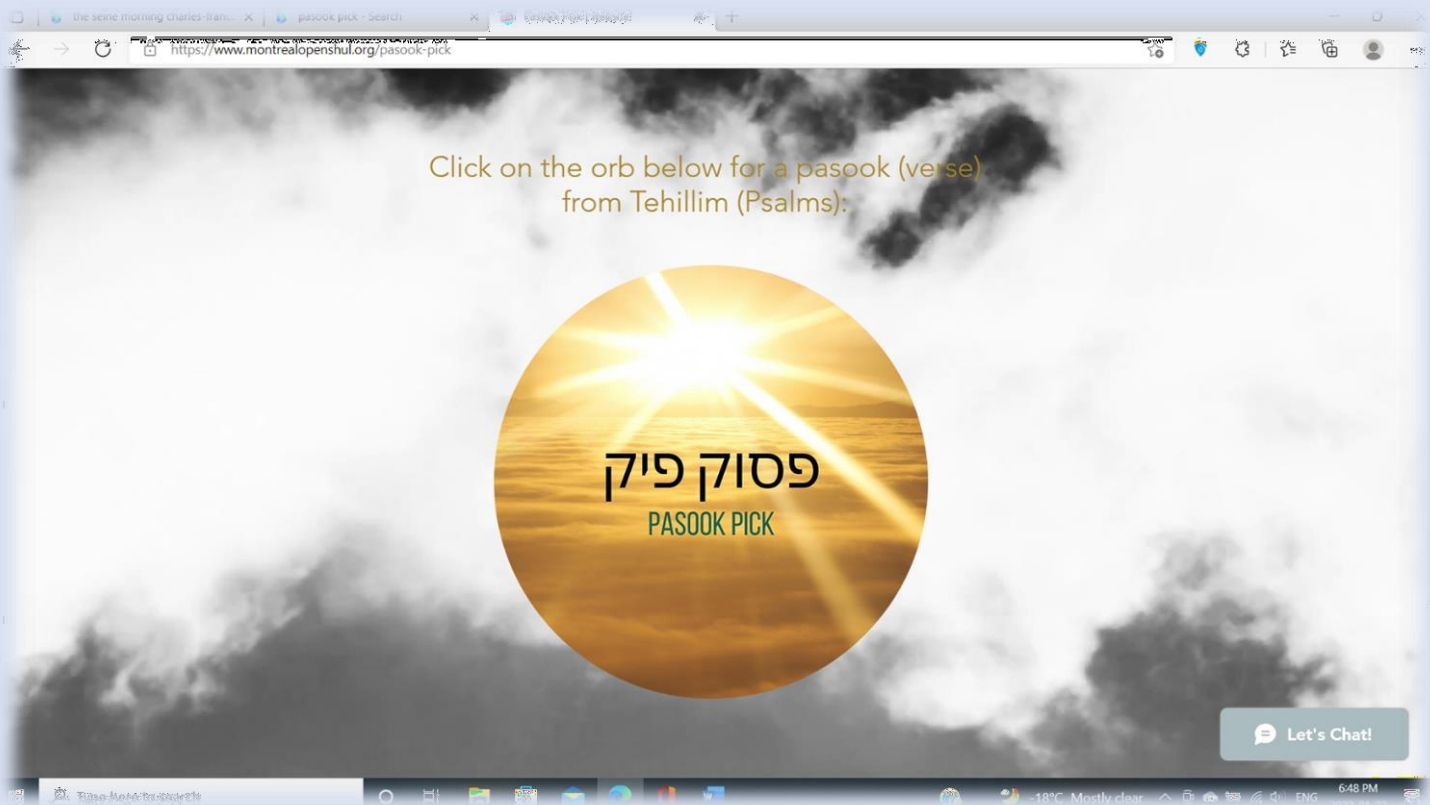


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<https://www.montrealopenshul.org/pasook-pick>

Created & designed by **Rabbi Schachar Orenstein**, this is a website that offers a respite from the hubbub of daily life...click to enjoy!





Inspired by Rabbi David Cooper's z"l use of Hebrew cards containing Biblical verses for contemplative meditation, in the early 1990s I created "Pasook Packs". These Biblical flashcards contained verses, mainly from Tehillim/Psalms, for contemplative, educational and creative purposes. They proved to be very popular. Rabbi Zalman Schachter-Shalom z"l, would regularly pick a card during his daily prayers.

I have updated those physical cards, transforming them into this on-line "Pasook Picker", which contains visual imagery, unlike the original cards. All the verses come from Tehillim/Psalms. I have transliterated the Hebrew and modified the new JPS Biblical translation, also drawing on Reb Zalman's Psalm translations.

In the original deck, I provided 101 uses for the cards. With this online version, I trust you to find your own.

Enjoy and enjoy all your blessings,

Rabbi Schachar Orenstein  
Montreal Open Shul & Aleph Canada

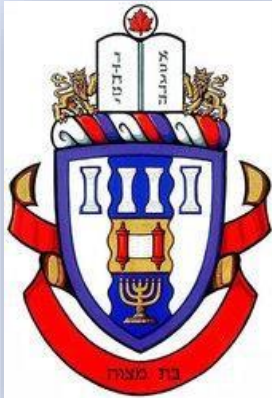
[rabbischachar@gmail.com](mailto:rabbischachar@gmail.com)

<https://www.montrealopenshul.org/pasook-pick>



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Ladies' Bat Mitzvah Certificates Designed and Custom made by  
**Margaret Mankin**



## Clergy

**Rabbi Schachar Orenstein, Director**

**Rabbi Emeritus Dr. Howard Joseph zt"l,**

Guest Instructor

**Rabbi Dr. Menachem White, Guest Instructor**

**Cantor Yehuda Abittan, Guest Instructor**



With the participation of:

**Dr. Norma Baumel Joseph, Guest Instructor**

**Gladys Mooallem, Coordinator WLG (pictured Right)**

